

8th Grade New Mexico Gear List 23-24



In the world of Outdoor Adventure, proper clothing and gear is not optional.

*Weather and outdoor conditions are unpredictable and sometimes severe. Cotton clothing is a problem unless used for sleeping clothes. Synthetic clothing dries quickly and maintains some insulation properties even when wet. Cotton is unsafe in the mountains because of its poor insulation and inability to dry quickly in a rapidly changing and harsh environment. Gear numbers listed include what students should wear on Day One. For example, three pairs of socks means two packed with other gear and one pair worn to school for the first day of voyage. Remember to **bring a sack lunch for the first day only.***

Personal Gear (Non-Cotton/Synthetic):

- ☐ 1 comfortable shoes/hiking boots (waterproof is best, new boots can cause blisters; [break them in first](#))
- ☐ 1 pair camp shoes/booties (**optional**)
- ☐ 1 pair heavy socks
- ☐ 2-3 pair medium socks
- ☐ 3-4 pair underwear
- ☐ 1 long underwear pants
- ☐ 1 long underwear shirt
- ☐ 1 heavyweight/sweatpants
- ☐ 1-2 quick-dry hiking pants/leggings
- ☐ 1 waterproof rain pants
- ☐ 2-3 non-cotton, quick-dry synthetic shirts
- ☐ 1 medium weight synthetic jacket/top
- ☐ 1 medium weight puffy or coat
- ☐ 1 lightweight waterproof rain jacket
- ☐ 1 pair warm gloves
- ☐ 1 heavyweight beanie/balaclava
- ☐ 1 sun hoodie/neck gaiter/bandana (sun protection)
- ☐ 1 pair sunglasses
- ☐ 1 sun hat (ball cap or hat with a brim to block the sun)
- ☐ 1 wrist watch
- ☐ Books, drawing supplies, journals, cards (**optional**)
- ☐ Personal Rock Climbing Equipment (Helmet, Harness, Shoes, Chalk bag) (**optional**) - **RSS will provide climbing gear to all students**

DO NOT BRING:

- Electronic devices **including cell phones**
- Unnecessary toiletries (cosmetics, shampoo, conditioner, dry shampoo)
- Knives, lighters, or any items prohibited at school

Toiletries:

- ☐ Toothbrush/toothpaste
- ☐ Small sunscreen (SPF 30+); **AVOID oxybenzone and octinoxate** ingredients in sunscreens
- ☐ Lip balm (with SPF)
- ☐ Small travel-sized deodorant (**optional**)
- ☐ Comb/brush, washcloth/backpacking towel (**optional**)

Hard Gear:

- ☐ **2** wide-mouth **32oz** water bottles. Camel backs are risky (bring backup water bottle + duct tape)
- ☐ Small, travel-size hand sanitizer bottle
- ☐ Large Backpack/Duffel to carry gear
- ☐ Daypack (preferably with snug fitting hip strap)
Needs to fit the following: rain gear, warm layers, water bottles, snacks, sun protection, headlamp + extra batteries, other personal items
- ☐ Whistle (some backpacks have built-in whistles)
- ☐ 2 large plastic trash bags - odorless
- ☐ 2 large + 2 small Ziploc baggies
- ☐ Sleeping Bag (backpacking weight/size - 20°F or below required)
- ☐ Sleeping pad (bring duct tape for repairs if air-core sleeping pad)
- ☐ Headlamp with extra batteries
- ☐ Plastic cup suitable for hot liquids
- ☐ Plastic bowl and spoon/fork

Looking to borrow gear? **We are able to provide sleeping bags, sleeping pads, trekking poles, large backpacks, and pack covers.** These items will be checked out to your student on the morning of departure.

Other gear may be available in very limited quantities; if you have an additional need please email Christina Shores @ cshores1@dcsdk12.org