9th Grade 23-24 Gear List

In the world of Outdoor Adventure, proper clothing and gear is not optional.

Weather and outdoor conditions are unpredictable and sometimes severe. Cotton clothing is a problem unless used for sleeping clothes. Synthetic clothing dries quickly and maintains some insulation properties even when wet. Cotton is unsafe in the mountains because of its poor insulation and inability to dry quickly in a rapidly changing and harsh environment. Gear numbers listed include what students should wear on Day One. For example, three pairs of socks means two packed with other gear and one pair worn to school for the first day of voyage. Please check the weather prior to your trip and adjust your packing list accordingly. Remember to bring a sack lunch for the first day only.



Personal Gear (Non-Cotton/Synthetic):	Toiletries:
☐ 1 comfortable hiking boots (waterproof is best, new	☐ Toothbrush/toothpaste
boots can cause blisters; break them in first)	☐ Small sunscreen (SPF 30+); AVOID oxybenzone and
☐ 1 pair camp shoes/booties	octinoxate ingredients in sunscreens
☐ 1 pair heavy socks	☐ Lip balm (with SPF)
☐ 2 pair medium socks	☐ Small travel-sized deodorant (optional)
☐ 3-4 pair underwear	□ Comb/brush, washcloth/backpacking towel (optional)
☐ 1 long underwear pants	
☐ 1 long underwear shirt	Hard Gear:
☐ 1 heavyweight/sweatpants	☐ 2 wide-mouth 32oz water bottles. Camel backs are
☐ 1-2 quick-dry hiking pants/leggings (shorts are okay if	risky (bring backup water bottle + duct tape)
weather is warm, but allow exposure to the elements)	☐ Small, travel-size hand sanitizer bottle
☐ 1 waterproof rain pants	☐ Large backpack/duffle to transport all personal gear
☐ 1 pair boot gaiters (optional)	☐ Daypack (preferably with snug fitting hip strap)
☐ 2-3 non-cotton, quick-dry synthetic shirts	Needs to fit the following: rain gear, warm layers, water
□ 1 medium weight synthetic jacket/top	bottles, snacks, sun protection, headlamp + extra
□ 1 medium weight puffy or coat	batteries, other personal items
☐ 1 lightweight waterproof rain jacket	☐ Trekking Poles
☐ 1 pair warm gloves (recommended; water resistant +	☐ Whistle (some backpacks have built-in whistles)
insulated is advised; fleece is not water resistant)	☐ 2 large plastic trash bags - odorless
☐ 1 pair liner gloves	☐ 2 large + 2 small Ziploc baggies
☐ 1 heavyweight beanie/balaclava	☐ Sleeping Bag (20°F or below required)
☐ 1 sun hoodie/neck gaiter/bandana (sun protection)	☐ Sleeping pad (bring duct tape for repairs if air-core
☐ 1 pair sunglasses	sleeping pad)
☐ 1 sun hat (ball cap or hat with a brim to block the sun)	☐ Headlamp with extra batteries
☐ 1 wrist watch	☐ Plastic cup suitable for hot liquids
☐ Books, drawing supplies, journals, cards (optional)	☐ Plastic bowl and spoon/fork

DO NOT BRING:

- Electronic devices including cell phones
- Unnecessary toiletries (cosmetics, shampoo, conditioner, dry shampoo)
- Knives, lighters, or any items prohibited at school

Looking to borrow gear? We are able to provide sleeping bags, sleeping pads, trekking poles, large backpacks, and pack covers. These items will be checked out to your student on the morning of departure. Other gear may be available in very limited quantities; if you have an additional need please email Christina Shores @ cshores1@dcsdk12.org.